

Mahtomedi Fastpitch Association

<http://www.mahtomedi.com/fastpitch>

Facts About Fastpitch

1. Feeder Program for High School Team (High School plays Fastpitch not Slowpitch).
2. Time Commitment:
 - a. Games and/or Practices: 3 nights a week
 - b. Tournaments – 2 weekends during regular season (Coach pick in May & June)
 - c. Tri-County End of Year Tournament – June 22/23/24 or July 6/7/8
 - d. State Tournament (Most teams qualify) – July 6/7/8 or July 13/14/15
3. Season Duration:
 - a. U10 & 12: ~April 23 thru July 8 or 15 depending on State Tournament & State qualification
 - b. U14: ~May 7 thru July 8 or July 15 depending on State Tournament & State qualification
4. Travel Commitment:
 - a. 50% of league games will be in Mahtomedi.
 - b. Furthest distance to travel for League games is Hastings or North Branch
 - c. Tournaments are within metro area (however, coach may choose to pick outside metro for team building)
5. League Competition:
 - a. U10: Single games on Thursday during school year. After School year, double headers on Tuesday and Thursdays
 - b. U12: Double Header Games will be on Monday and Wednesday
 - c. U14: Double Header Games will be on Tuesday's and Thursdays
 - d. Single games: game starts at 6:00. Play 5 innings or no new inning shall begin after 90 mins. If game is tied and time remains, innings after the 5th will be played.
 - e. Double header games: first game starts at 6:00. Each game has a 5 inning or no new inning shall begin after 65 min limit. If game is tied and time remains, innings after the 5th will be played.
 - f. Run Rule for U10: 5 runs max per inning
 - g. Run Rule for U12 & U14: unlimited runs per inning, 10 Runs after the 3rd
6. Other Rules to consider
 - a. U10: Can steal 2nd or 3rd anytime. However, cannot steal home. Can only advance to home on a hit/bunt/force walk
 - b. U12 and older: Can steal home anytime
7. Age Group Coordinators
 - a. U10: Lisa Helmer 779-1844
 - b. U12: Tom Moore 407-0295
 - c. U14: Sandy Cedergren 770-6205